

Education & Training



Calendar April - June 2019



3Bridges' trainers come from within the industry and have worked in community services for a number of years. That means you can be confident of learning from the best and having the right people helping you. Other providers we partner with include: VAST and TrainingBeyond 2000, STARS.

Contact our Education and Training team today for more information and to enrol.

Register online now at

3bridges.org.au/training_register

📞 1300 327 434

✉ training@3Bridges.org.au

👍 **Keep in touch. Like us on Facebook**



April 2019

Measuring Consumer Outcomes of Wellness and Reablement Strategies (Parts I and II)*

~ Glen Sorenson

Thursday 4th April, 9.30am – 4.00pm at Club Central Hurstville, 2 Crofts Ave, Hurstville

Government wants a clear, social return on their financial investment. Funded organisations will increasingly need to demonstrate, report on and measure the difference their programs and support services are making to individuals' independence, wellbeing and lives. This two part course will equip you with the knowledge and skills to identify, measure and report on client outcomes within a wellness and reablement model.

Accidental Counsellor

~ Betty Stampoulis-Lyttle

Monday 8th April, 9.30am – 4.30pm at Club Central Menai, 44-60 Allison Cres, Menai

Workers and volunteers often find themselves taking on an 'informal' counselling role with the people they support. This one day workshop will give participants the awareness, understanding and practical skills to respond to people in distress effectively. Basic counselling techniques will be explained, demonstrated and practiced, and strategies of referral and self-care reinforced.

Training Fees

First Aid: \$90

Half Day: \$50

Full Day: \$75

Volunteers: Free (except HLTAID003 Provide first aid)

EDIE for Dementia Carers Training (FREE for Carers)

Wednesday 16th April, 9.30am – 12.30pm at Sutherland Shire Council 4 Eton Street, Sutherland

This training for family carers using virtual reality glasses to provide the chance to walk in the shoes of a person with dementia and have insight into their day to day lived experience. The experience and the facilitated group support session will enhance knowledge of dementia and improve empathy and communication with the person living with dementia. RSVP essential, limited places. RSVP essential, limited places. email: NSWEDIEforcarers@dementia.org.au

May 2019

Dementia and Creating Dementia Friendly Communities Training (FREE)*

Wednesday 1st May, 9.30am – 12.30pm at Club on East, 7 East Parade, Sutherland

What is dementia and how does it impact a person's life? How can we become 'dementia friends'? What can we do and how can we change our spaces, places and behaviour to help support a person with dementia to live as independently as possible? This training is for aged care providers and businesses to learn practical things that can be done to help create dementia friendly communities.



Customised Training

Customised training caters to your specific organisational training and professional development needs. Ring Mirrinda or Bernadette on 1300 327 434 to discuss your organisational learning and development goals so we can work with you to develop a professional development program to meet your unique needs.

We can customise training to ensure you and your staff are fully trained and up to date with the latest requirements in CHSP contracts, the new aged care and quality standards, the management of Home Care Packages and the broader aged care reforms to meet auditing requirements.

Supported by:



FS 537478 632727

3Bridges Community Limited

3Bridges Community is registered as a charity with the Australian Charities and Not-for-profits Commission
ABN: 96039601269 | ACN: 607053127

RTO 41056 | Builders Licence No. 298633C

Our QMS certification represents quality, reliability and continual improvement.

3Bridges acknowledges the Traditional Owners of the land we work on and pay our respects to Elders past and present.

3Bridges is also an organisation that is committed to the Reconciliation process with the First Peoples of Australia.

Understanding and Applying the Aged Care Quality Standards*

Glen Sorenson

Tuesday 7th May, 9.30am – 1.00pm at St George

Motorboat Club - 2 Wellington St, Sans Souci

Services have until 1 July 2019 to implement the new Aged Care Standards. This workshop will explore how the new standards differ from the previous standards; what changes CHSP and HCP providers need to make to policies, procedures and practices during the transition process, as well as what evidence can be used in quality reviews to support claims that the standards are being met.

HLTAID003 Provide first aid

~ Training Beyond 2000 RTO 90323

\$90 per participant

Tuesday 14th May, 9.00am – 5.30pm at Club

Central Hurstville, 2 Crofts Ave, Hurstville

This course covers the skills and knowledge required to provide a first aid response to a casualty. It is useful for anyone who may be required to provide a first aid response in a range of community and workplace situations. Statement of Attainment will be issued by Training Beyond 2000 RTO 90323



Diversifying Your Fundraising (FREE)*

Wednesday 22nd May, 9am – 4pm

Club on East, 7 East Parade, Sutherland

Training to cover:

- How the fundraising sector works in Australia
- Motivating factors of donor generosity and charitable giving
- Fundraising channels, trends and methodologies (Grants, Direct Mail, Major Gifts, Events, Bequests and Community Fundraising)
- How to ask your clients for support
- The role of quality data and people
- Key regulations that impact fundraisers and not-for-profits.

June 2019

Educating Your Clients on Wellness and Reablement*

Glen Sorenson

Thursday 13th June, 9.30am – 1.00pm, Venue TBA

Services are responsible for the successful implementation of wellness and reablement approaches, in order to comply with consumer focused audits. This requires clients and their families to understand the concepts and appreciate their potential value to everyday life. Yet, the words 'wellness' and 'reablement' often mean little to clients. How can providers clearly explain and 'sell' wellness and reablement to their clients and their families? Participants will receive electronic copies of available information resources.

Working With People With Dementia: An Enabling EDIE™ Workshop

Facilitated by Dementia Australia

Monday 17th June, 9:30am – 12:30pm at Sutherland

Shire Council, 4 Eaton Street, Sutherland

Using the latest technology, participants in this workshop will experience dementia first-hand via interactive virtual reality goggles. EDIE™ (Educational Dementia Immersive Experience) will provide a unique opportunity for you to walk in the shoes of someone living with dementia. It will deepen your understanding of the impacts of dementia and what people may face when living with dementia.

The workshop uses a reablement approach, focusing positively on what people can do given appropriate support, and on the possibilities for living well with dementia. Participants will learn how to develop support plans based on these reablement and wellness concepts.

**as a direct result of the CHSP SSD Think Tank 2018*