



LOC'S STORY

Inclusive Volunteering Program participant Loc, who experienced a brain injury 3 years ago, and his buddy Oly volunteer together each week at Entertainment Park in Bankstown. They work together to keep activities running smoothly, and over their 3 months of volunteering, they've both noticed improvements in Loc's confidence, dexterity, communication skills and independence.

Loc has now graduated to more independent volunteering sessions, looking to expand his independence.

Loc is working towards being able to tell the story of how he sustained his brain injury to school-aged children, to warn them about the consequences of risky behaviour. His volunteering sessions are helping him to build his confidence in talking to others and giving him opportunities to work on his speech skills. Having a practical, real-world environment to build his skills has been invaluable, and he is looking forward to seeing where the Inclusive Volunteering Program will take him from here.

Interested in being a volunteer, buddy or host organisation, contact 1300 327 434 or email AlliedHealth@3bridges.org.au

