

Education & Training



Calendar February - June 2019



3Bridges' trainers come from within the industry and have worked in community services for a number of years. That means you can be confident of learning from the best and having the right people helping you. Other providers we partner with include: VAST and TrainingBeyond 2000, STARS.

Contact our Education and Training team today for more information and to enrol.

Register online now at

3bridges.org.au/training_register

1300 327 434

training@3Bridges.org.au

Keep in touch. Like us on Facebook

Training Fees

First Aid: \$90

Half Day: \$50

Volunteers: Free

Full Day: \$75

February 2019

Understanding Professional Boundaries and Duty of Care

~ VAST – Danni Meredith

Tuesday 26th February, 9.30am – 1pm

GyMEA Tradies, 54 Manchester Road North, GyMEA

Develop strategies for remaining within professional work roles. Emphasise Duty of Care to clients and co-workers. Balance Duty of Care with concepts of enabling and person-centred planning.

March 2019

Client Documentation

~ Lane Blume

Tuesday 5th March, 9:30am to 4:30pm

GyMEA Tradies, 57 Manchester Road North, GyMEA

Will your client notes and plans meet the new standards? Would your documentation stand up in court? This is for new and experienced workers who need to show they are regularly updating their skills. This course examines the knowledge and skills needed for keeping accurate and compliant client case notes.

Managing Consumer Expectations*

~ Glen Sorenson

Wednesday 13th March, 9.30am – 1.30pm at Club

Central Hurstville, 2 Crofts Ave, Hurstville

In this new world, providers are often faced with challenges in addressing the service expectations of both older people themselves and their families. This course details how to deal effectively with these expectations without compromising duty of care responsibilities and consumers' dignity of risk rights.

Cultural Diversity

~ Betty Stampoulis-Lyttle

Monday 18th March, 9.30am – 4.30pm at Club

Central Hurstville, 2 Crofts Ave, Hurstville

This course examines Cultural Diversity in the context of modern Australia. Concepts of identity, cultural competence, racism, and diversity will be explored, as well as a particular focus on the difference between migrants and refugees, in light of the current dialogue in the political sphere. A warm vibe of celebrating unique difference will be encouraged throughout this session.

HLTAID003 Provide First Aid

~ Training Beyond 2000 RTO 90323

\$90 per participant

Wednesday 27th March, 9.00am – 5.30pm at

Club Central Menai, 44-60 Allison Cres, Menai

This course covers the skills and knowledge required to provide a first aid response to a casualty. It is useful for anyone who may be required to provide a first aid response in a range of community and workplace situations. Statement of Attainment will be issued by Training Beyond 2000 RTO 90323



April 2019

Measuring Consumer Outcomes of Wellness and Reablement Strategies (Parts I and II)*

~ Glen Sorenson

Thursday 4th April, 9.30am – 4.00pm at Club

Central Hurstville, 2 Crofts Ave, Hurstville

Government wants a clear, social return on their financial investment. Funded organisations will increasingly need to demonstrate, report on and measure the difference their programs and support services are making to individuals' independence, wellbeing and lives. This two part course will equip you with the knowledge and skills to identify, measure and report on client outcomes within a wellness and reablement model.

Accidental Counsellor

~ Betty Stampoulis-Lyttle

Monday 8th April, 9.30am – 4.30pm at Club

Central Menai, 44-60 Allison Cres, Menai

Workers and volunteers often find themselves taking on an 'informal' counselling role with the people they support. This one day workshop will give participants the awareness, understanding



Customised Training

Customised training caters to your specific organisational training and professional development needs. Ring Mirrinda or Bernadette on 1300 327 434 to discuss your organisational learning and development goals so we can work with you to develop a professional development program to meet your unique needs.

We can customise training to ensure you and your staff are fully trained and up to date with the latest requirements in CHSP contracts, the new aged care and quality standards, the management of Home Care Packages and the broader aged care reforms to meet auditing requirements.

Supported by:



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Our QMS certification represents quality, reliability and continual improvement.

*3Bridges acknowledges the Traditional Owners of the land we work on and pay our respects to Elders past and present.
3Bridges is also an organisation that is committed to the Reconciliation process with the First Peoples of Australia.*

and practical skills to respond to people in distress effectively. Basic counselling techniques will be explained, demonstrated and practiced, and strategies of referral and self-care reinforced.

EDIE for Dementia Carers Training (FREE for Carers)

Wednesday 10th April, 9.30am – 12.30pm at Sutherland Shire Council 4 Eton Street, Sutherland
This training for family carers using virtual reality glasses to provide the chance to walk in the shoes of a person with dementia and have insight into their day to day lived experience. The experience and the facilitated group support session will enhance knowledge of dementia and improve empathy and communication with the person living with dementia. RSVP essential, limited places. RSVP essential, limited places. email: NSWEDIEforcarers@dementia.org.au

May 2019

Dementia and Creating Dementia Friendly Communities Training (FREE)*

Wednesday 1st May 9.30am – 12.30pm at Club on East, 7 East Parade, Sutherland
What is dementia and how does it impact a person's life? How can we become 'dementia friends'? What can we do and how can we change our spaces, places and behaviour to help support a person with dementia to live as independently as possible? This training is for aged care providers and businesses to learn practical things that can be done to help create dementia friendly communities.

Understanding and Applying the Aged Care Quality Standards*

Glen Sorenson
Tuesday 7th May, 9.30am – 1.00pm, Venue TBA
Services have until 1 July 2019 to implement the new Aged Care Standards. This workshop will explore how the new standards differ from the previous standards; what changes CHSP and HCP providers need to make to policies, procedures and practices during the transition process, as well as what evidence can be used in quality reviews to support claims that the standards are being met.

HLTAID003 Provide first aid

~ Training Beyond 2000 RTO 90323

\$90 per participant

Tuesday 14th May, 9.00am – 5.30pm at Club Central Hurstville, 2 Crofts Ave, Hurstville

This course covers the skills and knowledge required to provide a first aid response to a casualty. It is useful for anyone who may be required to provide a first aid response in a range of community and workplace situations. Statement of Attainment will be issued by Training Beyond 2000 RTO 90323

Diversifying Your Fundraising (FREE)*

Wednesday 22nd May, 9.30am – 3pm Club on East, 7 East Parade Sutherland

Training to cover:

- How the fundraising sector works in Australia
- Motivating factors of donor generosity and charitable giving
- Fundraising channels, trends and methodologies (Grants, Direct Mail, Major Gifts, Events, Bequests and Community Fundraising)
- How to ask your clients for support
- The role of quality data and people
- Key regulations that impact fundraisers and not-for-profits.

June 2019

Educating Your Clients on Wellness and Reablement*

Glen Sorenson

Thursday 13th June, 9.30am – 1.00pm, Venue TBA

Services are responsible for the successful implementation of wellness and reablement approaches, in order to comply with consumer focused audits. This requires clients and their families to understand the concepts and appreciate their potential value to everyday life. Yet, the words 'wellness' and 'reablement' often mean little to clients. How can providers clearly explain and 'sell' wellness and reablement to their clients and their families? Participants will receive electronic copies of available information resources.

*as a direct result of the CHSP SSD Think Tank 2018

