

TRAINING FEES

Volunteers: Free
Half Day: \$50
Full Day: \$75
First Aid: \$90

3Bridges' trainers come from within the industry and have worked in community services for a number of years. That means you can be confident of learning from the best and having the right people helping you. Other providers we partner with include: STARTTS, VAST and TrainingBeyond 2000, STARS.

Call our Education and Training team today on 1300 327 434 or email training@3Bridges.org.au for more information and to enrol.



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SEPTEMBER 2018

Work Health and Safety and Manual Handling

21st September, 9:30am - 4pm (Mortdale)

This 2 part workshop will arm you with the theoretical knowledge of work health and safety along with the opportunity to learn practical skills in the afternoon session where you will be using the hoist, chair lift, wheelchair and slip sheets. This workshop is perfect if you work or volunteer in the disability or community sectors.



OCTOBER 2018

Working With People With Dementia: Training for Support Workers – Free Event!

18th October, 9:30am - 3:30pm, Club on East, Sutherland.

This workshop will provide the latest information on dementia treatment, research and support services. Participants will have the opportunity to use virtual reality glasses to experience the impact of dementia first hand and develop support plans based on reablement and living well with dementia. Ideal for support workers, carers, and case working with people living with dementia. Registration essential: www.sutherlandshire.nsw.gov.au or call 9710 0422.

Wellness and Reablement: CHSP Reporting Requirements – 2 Sessions in One Day!

24th October, Club on East, Sutherland.
 Morning Session: 9:30am to 12:30pm or
 Afternoon Session 1:30pm to 4:30pm.
 \$25. Refreshments provided.

Are you ready to meet the CHSP reporting requirements due 31st October? This workshop will focus on what to report, what is expected, how to demonstrate person-centred outcomes from a wellness and reablement perspective and what services need to consider when measuring and reporting



impacts. Designed for CHSP Managers, Coordinators and Team Leaders reporting on Wellness and Reablement as per contract requirements. Facilitated by Glen Sorensen. Limited places. Bookings Essential.

HLTAID003 Provide First Aid

25th October, 9am - 5:30pm, Menai
\$90 for all participants

This course covers the skills and knowledge required to provide a first aid response to a casualty. It is useful for anyone who may be required to provide a first aid response in a range of community and workplace situations.

NOVEMBER 2018

The Balancing Act: Managing Compassion Fatigue (Caring for Others & Yourself)

1st November, 9:30am - 12:30pm
 Hurstville

Learn how to recognise when you are running on empty with compassion burnout. Discover how to give back to yourself using an energising practise. Develop a personal action plan that you can implement.

Safe home Visiting

7th November, 9:30am - 12:30pm Menai
 Are you a volunteer, case worker or support worker visiting people in their homes?

This workshop will look at processes and strategies that need to be in place in order to ensure safety of workers and volunteers when they are visiting clients in their own home. It includes an overview of boundaries, risk management and self-care.

Customised Training

Customised training caters to your specific organisational training and professional development needs. Ring Mirrinda or Bernadette on 1300 327 434 to discuss your organisational learning and development goals so we can work with you to develop a professional development program to meet your unique needs.

We can customise training to ensure you and your staff are fully trained and up to date with the latest requirements in CHSP contracts, the new aged care and quality standards, the management of Home Care Packages and the broader aged care reforms to meet auditing requirements.

Supported by:

